TRANSCONTINENTAL GRATITUDE LUNCHEON By Karen Zarsadiaz-Ige, Public Information Officer



On Monday, December 9, 2013, the Northeast Wellness Center hosted its sixth annual Transcontinental Gratitude Luncheon at Mijares Restaurant in Pasadena. About 85 people attended the special event, including clients and staff.

"I have 85 reasons to be grateful today – all of you at the Wellness Center. Thank you so much. I love you all," said Dr. Maria Aguilar at the luncheon. She told everyone how much she appreciated them. And she reminded everyone how important it was to stay connected to one another to support each other.

The luncheon was a celebration of everyone's individual journey to recovery. During the event, there were live performances, including story-telling, poetry, art and plenty of music.

